

CROSS TIMBERS

escape

24
weekend



24 HOURS WITH THE ONE WHO MATTERS MOST

www.bgco.org/escape24



MISSION IGNITION

Missions Event for
Kids Grades 1-6

March 1, 2014

Registration opens January 15th!
For more information visit www.bgco.org/missionignition

Multiple Locations Across the State



Under CONSTRUCTION 2013

Luke 6:48

SPONSOR BOOK

DAY 1 (THEME)

UNDER CONSTRUCTION...

Luke 6:48

He is like a man building his house who dug down and laid the foundation on the rock, and when the flood arose the stream broke against the house and could not shake it because it had been well built.

DAY 2 (EVANGELISTIC)

CHOOSE THE BUILDER

1 Corinthians 3:11

For no one can lay a foundation other than that which was laid which is Christ Jesus.

DAY 3 (INSTRUCTION)

FOLLOW THE BLUEPRINT

2 Timothy 3:16

All Scripture is breathed out by God and profitable for teaching, for reproof, for correction, and for training in righteousness, that the man of God may be competent, equipped for every good work..

DAY 4 (CHALLENGE)

BUILT UP

Colossians 2:6-7

Therefore as you received Christ Jesus the Lord, so walk with him, rooted and built up in him and established in the faith, just as you were taught, abounding in thanksgiving.

TABLE OF CONTENTS

- 4 Welcome
- 5 Contacts
- 6 Mission of CrossTimbers
- 7 Values

REGISTRATION

- 9 Registration Procedures
- 9 Camper Forms
- 9 Online Registration
- 10 Acquiring/Selling Beds
- 10 Cabin Assignments
- 10 Nametags (Concession Cards)
- 10 Church Pictures

POLICIES & PROCEDURES

- 12 Code of Conduct
- 13 Dress Code
- 13 First Aid
- 13 Medications
- 14 Insurance
- 14 Zero Tolerance Policy
- 14 Gate System
- 14 Emergency Procedures

SPONSORS

- 16 Sponsor Responsibilities
- 16 Avoiding Sexual Abuse at Camp
- 17 Top Ten Tips for Guiding Children
- 18 Leading a Child to Christ

BEFORE CAMP

- 20 Camp Precautions
- 20 Parent Meeting
- 20 Prayer Prep Ideas
- 20 Bunkmail

DURING CAMP

- 22 Staff Role in camp
- 22 Flag Pole
- 22 Tribes
- 22 Tribal Chaos
- 22 Tribal Time
- 22 Camp Activities
- 23 Missions
- 23 Mission Offering
- 23 Pool Time
- 23 Canteen/Store
- 23 Chapel and Decision Time
- 24 Church Devotional Meetings
- 24 Quiet Time
- 24 Church Devotionals
- 24 Rainy Day
- 24 Meals
- 24 Lost & Found
- 24 Camp Check Out

AFTER CAMP

- 26 Baptism
- 26 Bible Study Plan
- 26 Decision Follow-Up
- 26 Share Time
- 26 Sunday School
- 26 Off Season at CrossTimbers

- 28 Forms & Printables



WELCOME TO CROSSTIMBERS!

I am excited to welcome you to our new campground! Our new amenities coupled with our unique CrossTimbers programming, is sure to make this an incredible encounter with God. This is going to be one of the most memorable weeks in your life and in the lives of your kids. As we go under construction, some children may come to know the love and forgiveness of Christ for the very first time while others realize their need to rely on Him every day. Some may even hear God's call to serve Him with their lives.

CrossTimbers is a beautiful place to worship the Lord, filled with all kinds of hands-on missions education and fun camp activities. There are great scenic areas and venues for kids to experience nature and take risks as they explore new challenges and activities.

Of course, CrossTimbers is most defined by the relationships we build with kids and sponsors. Our staff of college summer missionaries is devoted to sharing their lives, as God has impacted them, with every child. CrossTimbers is about meeting God in a personal way. Every part of our camp experience is designed to bring your children closer to God than ever before.

Praying for you!

A handwritten signature in black ink, appearing to read "Glenn Barber".

Glenn Barber
Childhood Ministry Specialist
Baptist General Convention of Oklahoma



**Childhood Ministry
3800 North May Avenue
Oklahoma City, OK 73112
(405) 942-3800**

**Web site: www.bgco.org/childhood
Email/Bunkmail: crosstimbers@bgco.org**

**Dr. Anthony Jordan, Executive Director/Treasurer
D. Scott Phillips, Church and Family Equipping Team Leader
Glenn Barber, Childhood Ministry Specialist
Kassie Sweeney, Childhood Ministry Assistant**



**CrossTimbers Baptist Camp
5039 Hwy 77 South
Davis, OK 73030
580-369-2101**

Website: www.bgco.org/crosstimbers

**Glenn Barber, CrossTimbers Program Director
Email: gbarber@bgco.org cell: 405-205-1159**

James Swain, Director of Conference Centers

**Ryan Bauer, Campground Manager
Email: rbauer@bgco.org cell: 918-916-4741**

Clay Young, Operations and Maintenance

OUR MISSION

CrossTimbers Children's Mission Adventure Camp exists to support local church efforts to reach lost children in their communities and to raise up a generation of kids with an authentic walk with God who actively serve others with missional living.

CORE VALUES

1. Learn biblical principles for worship, missions, evangelism, and life.
2. Create and strengthen relationships with God, family, and others.
3. Experience nature in a fun and safe environment.

The camp is designed to offer four days of intentional spiritual investment in the child's life.

Day one: camp theme

Day two: evangelism

Day three: instruction from the Word

Day four: challenge to serve daily

Throughout the week of camp, there is a high priority on scripture, worship, relationships with camp staff and church sponsors, and opportunities for kids and sponsors to sharpen their skills and prepare to consistently serve God after camp. CrossTimbers is a camp designed to reach and equip children.

CrossTimbers Camp is supported by Oklahoma Baptists' gifts through the Cooperative Program. Thank you, Oklahoma Baptists, for challenging kids to know Christ by giving to the Cooperative Program.



REGISTRATION

There are four elements to the registration process for camp:

1. CHURCH REGISTRATION

2. COLLECTING CAMPER FORMS

Camper/Sponsor Release and Waiver of Claims form is found in the Forms & Printables section" next to the heading Camper Forms

3. ONLINE REGISTRATION

4. ARRIVAL/CAMP CHECK IN

CAMPER FORMS

Once campers and sponsors have confirmed with you that they will be attending camp, they will need to fill out a Camper Health Form (see appendix). This form will give you the information needed to fill out the online registration, and it will be kept on file for our reference while your group is at camp. This form has emergency contact, health, and insurance information and is required for everyone (sponsors included). Before your church arrives at camp, please staple each of the child's forms together and place them in a three-ring binder in alphabetical order.

BACKGROUND CHECKS

CrossTimbers Children's Camp requires that each church perform criminal background and sex offender checks on all sponsors 18 and older attending with their group. The BGCO defines a current background check as no more than 18 months old. Churches must complete the Background Check Statement of Compliance (found in the Forms & Printables section) to be signed by the Pastor.

For a list of recommended background check providers please visit the CrossTimbers website.

ONLINE REGISTRATION

Camper registration should be submitted online no later than 7 days prior to your arrival at camp. Online registration can be accessed by visiting www.bgco.org/crosstimbersregistration. When you reach this page, you will find a list with names of each church attending camp this summer. This list is organized by camp week. Simply click on your church name, and you will be directed to a registration page. You will then register each of your campers and sponsors individually. Each of these registrations is set up for you to register information for the number of beds that you previously reserved.

Once you have registered, we will email you an electronic copy of the information entered. If you discover that some of your information was entered incorrectly, or if there are any other changes, please notify us with the name of the person whose information will need to be changed. At that time we can delete that person's registration, and you will have the space to enter the corrected information.

It is crucial that the information on the registration be correct as all of it will be used in either preparation or follow up. If you have a camper that has dropped out or you have changed the camper out for another camper, the new camper's information must be entered in the online database.

CHECK-IN PROCEDURES

The gate is closed until 11:00 a.m. When entering the campground, our staff will spend a moment of time greeting you and your kids and, hopefully, build anticipation for a great week of camp. The staffers will direct your group (and all vehicles to the dining hall, and the children will be welcomed by more camp staff asking them to "get off the van/ bus and join the fun—right now!" The kids should leave all items, unless your vehicle is leaving immediately. Bus drivers are welcomed to stay for lunch if they choose. If the bus must leave, passengers must remove everything and place it in the designated spot at registration to retrieve after lunch. Lunch first, and then unload afterward.

Upon arrival lead sponsors need to have the following items ready to hand in at registration.

- Camper/Sponsor Release and Waiver of Claims
- Sponsor Background Check Statement of Compliance
- Concession card form and money to purchase additional concession cards
- Group picture order form and money

Please note: Concession card money and picture money need to be separate.

Groups arriving before 11:30 a.m. will join camp staffers for group games at the flagpole until 11:30 a.m. when lunch is served.

After eating, the kids and sponsors can walk together to their assigned cabin and start moving in the cabin. Remember, each cabin has every bed filled, and another church could be sharing a cabin with your group. Be sure your group stays together, using all the beds, so the other beds stay grouped together for those still to arrive.

ACQUIRING/SELLING BEDS

As camp approaches, it is common for churches to need more or fewer beds than previously reserved and paid. At the pre-camp meeting, you will receive a list of the churches attending your week, along with the number of beds they have purchased and contact information for their group leader. This list will also tell you if CrossTimbers has any beds available that week. If you need more beds for your week, or need to sell extra beds, please contact the churches attending your week. The buying church will pay the selling church directly. You will need to notify the CrossTimbers office so that we can change the numbers on each of your online registrations. After the March 31st deadline, CrossTimbers does not refund money for camp beds.

CABIN ASSIGNMENTS

Once every church has completed their online registration, we will email your cabin assignments. Our new Campground features multi-room dorms. Each room sleeps 12 and shares a bathroom with 4 or more rooms. It is likely that your church will share a dorm and bathroom with another church. It may also, in rare cases, be necessary for two churches to share 1 room. Note each room must have at least 2 adult sponsors.

Example:

Girls	Dorm	Room/s	Boys	Dorm	Room/s
Piedmont	4	1-3	Piedmont	1	1-2
Webbers Falls	4	4	Webbers Falls	1	3
Purcell	4	5-7	Purcell	1	4-5
Faith	4	8	Faith	1	6-7
Crescent Valley	4	9	Crescent Valley	1	8
Kentucky Ave	4	10	Kentucky Ave	1	9
Wellston	4	10	Wellston	1	9
Moore	5	17-20	Moore	3	19-22

NAMETAGS (CONCESSION CARDS)

Campers will be able to purchase more concessions cards for \$10.00 each on day one. There is no limit on the number of concessions cards a camper can purchase. Churches will need to have the concessions card form, found in the Forms & Printables section, along with the money to purchase the cards, at registration. After that time, there will be no more cards available for purchase. Cash is not kept on the campground after registration. However, during day four there will be a missions offering, and at this time cash will be accepted.

CHURCH PICTURES

This year Flora Photography will be providing their services and offering photos for each church. They will take a regular picture and a “wacky” picture, available for purchase for \$5.00 each for 5x7 photos, and \$8.00 each for 8x10 photos. Please have your order ready before you come to camp. Checks for pictures should be made payable to “Flora Photography”. Each church that places an order will receive a complimentary 8x10 of each, and churches that purchase \$150 or more, or purchase a picture for every camper in their group, will receive a complimentary 12x18 print. The Group Picture order form can be found in the Forms & Printables section.

Your Picture time will be assigned when you arrive at camp and will likely be during breakfast of day 2.



POLICIES & PROCEDURES



CODE OF CONDUCT

The code of conduct for CrossTimbers is intended to assist the many churches and campers at camp to have a safe and enjoyable camp experience while growing in their faith. CrossTimbers is designed to help children and adults know and follow God. The code of conduct prioritizes issues related to a camper's faith development in Jesus. CrossTimbers childrens' weeks are planned for children who have completed third through sixth grade.

Between 10:15 pm and 6:30 am, all campers should be inside their cabin; this includes sponsors and children.

No product sales are allowed at CrossTimbers unless they have secured a contract through the CrossTimbers office.

Campers are required to attend both the morning Bible study and the evening chapel experience each day.

Sponsors from each church are responsible for enforcing the code of conduct, modest camp dress for their campers and adults, and handling discipline issues. At all chapel services, church groups must sit together. Campers will not be permitted to leave the grounds unless accompanied by a sponsor.

Believing that modesty extends beyond the dress code, campers and sponsors should refrain from PDA (public displays of affection).

It is strongly suggested that churches limit or prohibit their campers' use and possession of cell phones and two-way radios. These items can quickly become a distraction to the goals of camp.

Use or possession of illegal drugs, alcohol, or tobacco of any type is not permitted on the grounds during any week of camp. The possession of weapons of any sort is prohibited at camp. CrossTimbers reserves the right to perform a random drug and weapon search at any time and confiscate items that distract from the camp goals or that violate the code of conduct of the camp.

Pets/animals (other than service dogs), fireworks, rock throwing, water fighting, laser pointers, and shaving cream fights are prohibited on the campgrounds. Masks or any other disguise over the face cannot be worn. For the safety of all guests, skates, rollerblades, and skateboards are not permitted. All cycles (uni, bi, or tri) are prohibited on the grounds. Violation of this policy could result in confiscation of equipment. No wading or swimming is allowed in the creeks unless there is a CrossTimbers lifeguard present.

Unnecessary and careless traffic is prohibited on the campgrounds. Only campground-operated vehicles are permitted. Motorcycles may only drive to and from the gate to their cabin or meeting place. Recreation vehicles for living or sleeping purposes are permitted only in designated areas and must register in advance with the CrossTimbers office. No passengers are allowed in pickup beds or in the back of vehicles with hatch doors raised - all passengers must be seated in the vehicle according to its designated capacity

CrossTimbers is a Christian environment that promotes personal encouragement and spiritual development of every camper. CrossTimbers does not condone or encourage any activity on the grounds that humiliates any camper, including initiation, hazing, and pranks.

DISCIPLINE PROCEDURE

Most discipline issues are already solved with the attitude and reactions of sponsors promoting a great time at camp, coupled with fun activities of a busy day. However, if you continue to have challenges with a child:

- Pull that child aside and talk to them privately about his actions. Explain why this is a bad choice and unacceptable. State your confidence in the child to make this change and praise the child when he improves in order to encourage good choices.
- If the bad choices continue, the sponsor might consider a later start time of swimming and allow the child to rest longer on his bunk.
- If the child does not comply, contact Glenn Barber, CrossTimbers Program Director. The three of you will have a meeting and call a parent to bring awareness of the situation. This will be the final warning.
- If the child continues to make bad choices, Glenn will call the parent again, and the sponsors will take the child home

DRESS CODE

The intent of the CrossTimbers dress code is to provide an equitable dress code for all campers that will encourage modesty above legalism. Parents and church leaders are urged to see that only clothing that meets the policies and regulations of the camp is brought to CrossTimbers. Please do not allow clothing you sense would be questionable for a Christian camp setting.

Since CrossTimbers is a Christian camp with a distinctly Christian atmosphere, the New Testament principle of modesty should always be the standard for dress at CrossTimbers. It is the responsibility of the sponsors from each church to model the standard of modesty and enforce the camp dress code.

While on CrossTimbers grounds, campers may not wear apparel that exposes the midriff, is extremely tight fitting, or has writing on the back of pants or shorts. Apparel may not display or promote tobacco, alcohol, controlled substances, or inappropriate language or pictures. All shorts and dresses should be modest length. Shoes and shirts must be worn at all times outside cabins, except while swimming.

Modest swimming suits are appropriate while swimming. A dark t-shirt must be worn over two-piece swimming suits. Shorts are required for the waterfront.

Because of the terrain and activities we will be engaging in at camp, we ask that campers wear closed-toe shoes unless they are going to the pool or chapel.

FIRST AID

CrossTimbers will have a designated staff member for administering first aid when needed, and will have all information necessary in case of emergency. Each church should bring a First-Aid kit. Sponsors will be able to attend to each child as needed. Sponsors are encouraged to bring their campers to the First-Aid Station for occurrences that cannot be properly cared for in the cabin.

Suggested First-Aid Kit Items:

Assorted bandages	Tweezers
Ace bandages	Mild pain reliever- Children's
Antiseptic (peroxide)	Tylenol, Advil, chewable or liquid
Aloe Vera or Benzocaine	Fever thermometer
Adhesive tape	Antacid - Tums
Triple antibiotic ointment	Kaopectate
Sterile gauze squares	Skin cream or lotion
Benadryl or Cortaid cream	Benadryl- chewable and/or liquid
Roller gauze - Kling	Ziploc bags for ice
Scissors	Sunscreen
Stool softener/laxative	Insect repellent

When campers need medical attention at the First-Aid Station, a church sponsor must accompany them. If illnesses or accidents are of a serious nature, patients may be sent to a hospital in Ardmore, but they should first report to the First-Aid Station for a referral. Those with overnight non-emergency injuries, illnesses, or medical needs will be taken by the church sponsors to the hospital (no referral needed overnight). However, someone will be on twenty-four-hour call for life-threatening emergencies.

A release form must be completed for each camper by a parent or guardian. All sponsors must also complete and submit a release form. All release forms will be filed in the First-Aid Station immediately following registration on day one. Your original release forms will not be returned to you after registration.

MEDICATIONS

This year both prescription and over-the-counter medications will be the responsibility of each church. CrossTimbers staff will not be responsible for distributing or administering medications of any kind.

INSURANCE

Accident and illness insurance is provided for all those attending CrossTimbers. Most injuries or illnesses that occur during the week of camp are covered by insurance. Accident and illness insurance benefits are limited and payable up to a certain amount.

The insurance coverage includes accidents and illnesses that occur during regularly scheduled activities on the grounds of CrossTimbers. The insurance coverage also includes the time spent traveling directly between the campground and the camper's residence. Trips to town or other activities off the campgrounds are not covered. For claims submitted to the accident and illness insurance company, the injured/ill person is responsible for making payment to the medical provider (hospital, ER, doctor, etc.). If coverage applies, the insurance company will issue reimbursement directly to the injured person, parent, or guardian, as the case may be, for approved claims. The medical care provider may also directly bill the insurance carrier using the information provided on the claim report.

ZERO-TOLERANCE POLICY

CrossTimbers is committed to a positive, uplifting, Christian environment. CrossTimbers does not tolerate and expressly prohibits sexual harassment and sexual abuse. This policy applies to everyone at CrossTimbers, including employees, board members, volunteers, sponsors, campers, contractors, and vendors of CrossTimbers.

Suspected violations of this policy are to be reported immediately to the CrossTimbers director or camp ground manager. Upon completion of an investigation, violators of this policy will be removed from the grounds of CrossTimbers. Employees of CrossTimbers, violating this policy, will be subject to disciplinary action, up to and including termination of employment and criminal prosecution.

Suspected abuse or neglect of a minor, whether on or off CrossTimbers property or whether perpetrated by CrossTimbers personnel or others, will be reported to state authorities, as required by law.

GATE SYSTEM

During the week, the main gate will remain locked at all times. Any guests that will be arriving late or during the week will need to follow the directions that will be posted on the gate. If at any time during the week you need to exit campgrounds, you will need to notify the CrossTimbers office a few hours in advance. If an adult guest is staying, they must be accompanied by a staffer at all times or provide/complete a successful background check. For all guests that come to CrossTimbers, there will be a three dollar gate fee. Upon entering into the campground, the guest will check in at the CrossTimbers office.

To apply for accident and illness insurance benefits, a claim report must be completed and submitted to the insurance provider. The claim report form may be obtained at the First-Aid Station at CrossTimbers.

EMERGENCY PROCEDURES

TORNADO SAFETY

In the case of an emergency, a vehicle will be driven to the cabins, and the horn will be sounded continuously in case of a tornado. This will never be a drill. At the sound of one continuous horn, this alerts cabin occupants to immediately seek shelter in the center of the cabin, away from windows, and covered with mattresses. Wait until the all-clear signal is sounded. The all-clear signal will be when the horn repeatedly goes on, then off.

CAMP EVACUATION PROCESS

All participants of CrossTimbers need to be conscious of any type of open flame while on the campgrounds. In the event of a fire, the need to evacuate CrossTimbers or parts of CrossTimbers may become necessary. CrossTimbers staffers will assist campers in locating the appropriate evacuation routes and guide them to designated areas. The primary evacuation routes will be through the main gates. Depending on the circumstances, this is subject to change, and camp staff will provide guidance for campers during the process.

REPORTING EMERGENCIES

If you have an emergency to report or need help at any time, contact Glenn Barber (405-205-1159) or Ryan Bauer (918-916-4741).



SPONSORS

SPONSOR RESPONSIBILITIES

As a sponsor, there are certain expectations and responsibilities you need to follow to ensure a positive camping experience for your group. When everyone works together doing their part, CrossTimbers runs smoothly and effectively.

- Be with your campers at all times. The only exception to this will be during pool time (where there will need to be one sponsor at the pool with the students) and Bible study. This is your time to relax and refuel. By being present with your kids, you are able to enjoy the entire experience, build deeper relationships, and walk with them as they grow deeper in their faith with Christ. Please don't let the children wander back to the cabins by themselves. Keep them in eye sight and know where they are at all times. Always count your group so no one is lost.

If a child becomes separated from your group, notify a camp staffer immediately. They will radio the camp director, and all activities will halt until the child is relocated with their group. CrossTimbers takes security very seriously, and the assistance of the sponsors is crucial to the safety of all our campers.

- Encourage the children to wear closed-toe shoes as much as possible. The mountain where CrossTimbers is located is very rocky. Limit flip-flops to walking to the pool and chapel. All activity sites require closed-toe shoes to participate.
- Help campers keep all food and paper goods in the dining hall so our grounds do not become littered. Restrain campers from taking candy and concessions drinks into the cabins.
- Cheer for your kids to take on more challenges and enjoy their accomplishments. Believe in them and affirm them often. Laugh as often as possible to keep the atmosphere light and fun. You will attract others and help them enjoy more things. Take pictures and tell stories about each other during group meeting times, like supper and cabin times. Sometimes storytelling becomes more fun than the actual event.

AVOIDING SEXUAL ABUSE AT CAMP

Sponsors are required to care for the needs of the children but should always protect themselves by following these simple practices.

- No sleeping with children. Avoid allowing children to sleep together as well.
- No nudity with children (i.e. sleeping, skinny dipping, streaking, wrestling, etc.)
- Two adults must be in the cabin when a child is present.
- Avoid excessive touching and holding. Kids need hugs, high-fives, and fist bumps, but are not to be coddled continuously.
- Do not allow children to sit on your lap.
- Be sensitive to vague or partial disclosures. For example, "My uncle makes me feel weird." Respond with, "I believe you," and listen. Report all abuse disclosures immediately to DHS Care Hotline (1-800-522-3511).
- Report any concerns about campers, sponsors, and/or staff to one of the Camp Safety Committee members: Glenn Barber, Kassie Sweeney, Ryan Bauer, or Clay Young.

TOP TEN TIPS FOR GUIDING CHILDREN

1. Get to know each one of your children.

Unless you take time to get to know some of the interests, talents, and qualities of each of your kids, they won't feel accepted and therefore won't be personally connected to you as their sponsor.

2. Get into a routine right away.

For most children, routines provide security because they are predictable, and they help kids know what is expected of them.

3. Keep your directions simple!

Giving children too many things to do at once is confusing and often results in getting very little done!

4. Get on their train before trying to get them on yours.

Rather than get into a struggle with them, take a minute or two and join with your camper in whatever they are doing. Then put it away and work together.

5. Give Positive Instruction.

When you tell a child, "Don't throw rocks!" his brain hears, "throw rocks!" It is impossible to tell someone not to do something without suggesting the very thing you don't want them to do! What is more effective is telling children what we want them to do. Instead say, "leave the rocks on the ground".

6. Sarcasm has no place among children!

A camp sponsor was once heard shouting at campers who were late to line-up: "Come on, ladies! My old grandmother moves faster than you guys!" Sarcasm may be said with a hint of affection or humor, but this subtlety is lost on children younger than fourteen—the age at which the human brain "gets" sarcasm.

7. Drop the rope!

Have you ever heard a child say, "You're not the boss of me!"? Use the following four-step response:

Step 1: Stay calm and let go of the emotional rope!

Step 2: Make the child "right" about what he is "right" about. "You're right. I'm not your parent!"

Step 3: Pause and then simply say "And...everybody knows (because everybody does know) that at camp part of our duty is cleaning up. And you can do this. It's no big deal!"

Step 4: Then stop talking and move on! One of the biggest mistakes adults make with children is we talk too much! Less is more!

8. Try using the "triple play" with children who are having a hard time fitting in.

One of our challenges is the child who is a little socially awkward or shy or just doesn't seem to have an easy time making friends with the other kids in his class. Try pairing that child with one other child from his group and do a fun activity together, just the three of you. When children play together they get to know one another more easily.

9. Teach your children how to share and have gratitude.

Try discussing with your children an example of something that happened that week that they are grateful for. Encouraging gratitude helps create an environment where friendship and respect grow.

10. Your sponsors should "tag team" your children.

Trying to work alone with your kids is a sure way to end up exhausted, cranky, and resentful at the end of camp! "Tag teaming" your children simply means letting others help you out, share the load, and share the success. Everyone will be better off.

SPONSOR TIPS

Boys and girls coming to camp have a variety of ideas about the days ahead. Some will draw from camps they have experienced in the past and bring items for pranks, or maybe the drama will begin the moment they get on the bus. At CrossTimbers we have created a schedule that keeps kids busy from morning 'til night. The lack of free time seems to reduce students' creativity for entertaining themselves as well as bullying and drama flare-ups. If a camper is not cooperating, consider your approach. Do you need to change your expressions, attitude, or reactions?

We encourage all sponsors to be familiar with the discipline procedure as stated in the policies and procedures section.

LEADING A CHILD TO CHRIST

The opportunity of sharing Christ's plan of salvation with the kids is so exciting, but many aren't sure how to do this effectively. The camp provides an orange brochure that will help guide you through this process. Follow these steps:

- **Write the name of the child on the tear-off portion of the brochure. This will help you better remember the name of the child while you talk.**
- **Ask the child what decision they are considering and why.**
- **Turn to the portion of the brochure that best fits the child's desire. Remember, some kids are coming to pray for their family members or sharing something that frightens them at home. If a child's safety is threatened at home, this must be reported. No hesitating!**
- **As you work through the brochure, remain conversational by explaining words you feel the child is struggling to understand.**
- **Avoid questions that require yes or no answers, and ask open-ended questions where they describe what something means to them. Gently correct any misunderstanding they might have. Avoid churchy terminology.**
- **Be sure to describe how sin has separated us from God, just like Adam and Eve.**
- **Explain God's love in sending His son (Jesus) to die for our sins and forgive us of our sins.**
- **Then discuss Admit, Believe, and Confess.**
- **When you pray with the child, be sure to use the same words while explaining so the child will understand and pray, repeating after you if needed.**
- **Assure the child of their salvation and that nothing can take it away.**
- **Finish the brochure by filling in all the remaining information needed about the child for effective follow-up from the church.**

Romans 6:23 gives an opportunity with simple words of how, for you as a sponsor, to talk to the children about Christ in a way they'll understand. Try having the child read it or even write it out as you explain it. "For the wages of sin is death, but the gift of God is eternal life in Christ Jesus our Lord." If you are familiar with the bridge illustration, it is also always a great way to demonstrate this verse.

Make sure the child understands the concept of sin and recognizes their own sin.

That relationship begins now, and the only way we have that is with Christ Jesus. The ABCs show our response to accepting Christ and turning our lives over to Christ.

- A – Admit that I'm a sinner and agree with God.**
- B – Believe him and trust him with my life.**
- C – Confess and make him the boss of my life.**



BEFORE CAMP



CAMP PRECAUTIONS

- A lice check must be performed on each child before leaving for camp. Children with lice will not be permitted on the camp ground.
- Please do not bring campers who have had lice, diarrhea, vomiting, or fever in the 24 hours prior to loading the bus for camp.

PARENT MEETING

As you know, parents often have many questions when preparing to send their children to camp. For our convenience in communicating with parents, parent notes are included in the packing list found in the Forms & Printables section.

If you are planning a parent meeting, here are some topics that can be found in this book that you may want to cover with parents: Emergency Contact Information, Insurance Policy, Camp Schedule, Camper Health Form, Bunk Mail, medication procedures, concession cards, pictures, and a packing list.

We request that parents do not come and visit their camper while they are away. While this might be a stress reliever of the parent, it can be a hindrance to the camper and to the camp experience.

PRAYER PREPARATION IDEAS

Prayer preparation is as vital to camp as physical preparation and planning. Listed below are several ideas for preparing your church and your children for camp. Please remember to pray for the overall safety of CrossTimbers and the camp staff.

Here are some ideas to create and implement a prayer plan:

- **Prayer Guide Book Markers**

Create a Prayer Guide with each camper's first name (only) and the names of the sponsors.

- **Prayer Walk**

After your group arrives at camp and settles into the schedule, have sponsors take the campers out to prayer walk around the cabins. Ask them to walk around camp and pray in groups for all the major areas of camp.

- **Prayer Partner**

Ask kids to find an adult prayer partner before the week of camp and pray together. This adult should not be one of the adults who will attend CrossTimbers as a sponsor.

- **Wristbands**

Write all the first names of campers and adults attending CrossTimbers on a wristband and place them on the altar at church. Encourage adults to pick up one of the wristbands the Sunday before camp and wear it all week as a prayer reminder.

- **Parent Prayer**

Assign volunteer parents and adults a day of prayer for the group. Distribute first names (only) of children to parents and adults for their day of prayer.

- **Advance Prayer**

For several weeks before camp, meet regularly with sponsors to prepare and pray for kids who will attend camp.

- **Commissioning Service**

Sunday night before camp, hold a "commissioning service" to pray over and prepare the group.

BUNK MAIL

If you have a parent or someone that wants to write you or a camper an email encouraging them during the week, then we will print and deliver this email to the camper at the daily evening flagpole. Here are the directions on how to contact your camper at CrossTimbers using bunk mail (email):

- 1) **Begin by typing the CrossTimbers email address: crosstimbers@bgco.org.**
- 2) **In the subject line, put what church your child is with. Please write the city and the church.**
- 3) **Put the camper's names at the top of the email.**



DURING CAMP

A COPY OF THE DAILY SCHEDULE CAN BE FOUND IN THE FORMS & PRINTABLES SECTION

CAMP STAFF'S ROLE IN THE PROGRAM

Your week of camp is organized so you can connect, love, and minister to the children with your church. The staff focuses energy on running the activities, serving the meals, teaching the mission stops, directing tribal chaos, and standing ready to serve you and the children. Camp is a great place to be with your kids without time constraints and interruptions. Please take this opportunity to be with your kids while the staff works to meet your needs, serve as a role model for children, and encourage you as a leader. Sponsors are welcomed to join in all activities, as well as cheer their children to greater things.

FLAGPOLE

At 8:00 a.m. and 5:30 p.m. every day, the entire camp comes together to meet at the flagpole. It's very important to be on time, since we will be respectfully presenting the American flag and taking down the flag. Important announcements are made, and we learn the theme and Bible verse of the day. There will be a countdown for each flagpole time. If a cabin is late for flagpole, they will be last to go to that meal. Please ensure your group makes it to flagpole on time.

TRIBES

Tribes are created with our campers as they arrive on day one, dividing children into small groups. Each tribe is grade and gender specific. Children will join their tribes at Tribal Chaos and Tribal Time after chapel. Tribes will always meet in the same place on the campground.

TRIBAL CHAOS

Tribes will be combined by color to make larger teams called villages. These villages (the entire camp) meet in the Chapel to play games, see crazy staffer talent, and enjoy an all-play game. This crazy, wild and unpredictable recreation time is made to be over-the-top! Sponsors should have cameras ready and even join in the fun, sponsor participation is greatly encouraged.

TRIBAL TIME

After evening chapel, campers will be orderly dismissed to meet once more with their tribes and be challenged with a big question in their small groups. For example: "What was God showing you today in the activities or in the message we heard from the pastor?" We often find children making a commitment of salvation during this tribal time, because the kids feel comfortable in a smaller setting. We encourage all the children to share their decisions with their sponsors and children's minister right away.

CAMP ACTIVITIES

There are three main activities sites: the waterfront, the challenge course (ropes course), and target sports. Each of these will meet at the Chapel for instructions. Each activity will divide into 2 or 3 groups and then rotate through each part of that day's activity.

**Note: you will need to be prepared to get completely soaked if you are going to the waterfront. Swimsuits are recommended, however girls must wear shorts.

MISSIONS

The CrossTimbers missions experience is designed to help children understand the role of a missionary in a hands-on experience that impacts the community locally and reaches out to the global task of telling the nations about Christ. At each mission stop, children can explore hands-on opportunities of service while learning how they can pray for the nations and how missions are expressed in that area.

MISSIONS OFFERING

Campers and sponsors will have the opportunity to give to one of the mission works featured during camp. This offering is taken on days three and four during canteen time. The total money given from the nametags and cash offering is announced at the closing flagpole time of camp.

POOL TIME

During pool time, there will be lifeguards on duty at all times. At CrossTimbers we have a girls' swim time (female lifeguards) and boys' swim time (male lifeguards). Please be sure to check your schedule for your designated time. Sponsors are welcome to swim, and at least one sponsor from each group that is swimming must be present in case of an emergency. Here are a few things to remember about pool time:

- Before coming to the pool, be sure to shower. Hair does not need to be washed, but state health regulations require all persons to shower in the cabins, washing their entire body prior to swimming in the pool. *Please do so or we will have to send you back.
- On day one there will be a simple swim test. This swim test will not mean that the camper is excluded from any camp activities if he/she does not pass. Each camper is given only one wrist band throughout the entire week, so be sure to emphasize the importance of leaving it on and not losing it. If the bracelet is lost, the camper will fall under the category of a non-swimmer.
- Life jackets and vests must be worn while at the waterfront, but a life jacket can also be provided at the pool for campers upon request.
- Be sure all your children have sun screen applied at camp, especially when playing at our water venues.

CANTEEN/ CAMP STORE

The Canteen is our concessions and will be open every afternoon and evening at the scheduled times. Each camper is allowed to purchase any items, but we strongly recommend one drink and one snack. It is very important that sponsors watch their children and enjoy this time together. Watch to make sure all the children are served and they get what they ordered. This can be the first time for some kids to order a snack and pay for it with their concessions card. What to remember:

- All food should remain in the canteen area.
- Use designated trashcans and encourage campers to pick up trash on the ground by complimenting them and thanking them for serving others.
- No one is allowed to have food, snacks, or drinks in the chapel or pool areas. Please make this clear to your campers, as bees at the pool and in the chapel are a big distraction.
- Campers may use the \$10.00 on their nametag however they choose. They should avoid spending it all at once (stock piling snacks in the cabin) since no cards can be purchased after registration is closed. Other campers and sponsors can purchase items for friends from their nametag.
- Items can be purchased from the camp store with a concession card or on the Falls Creek Conference Center's website (<http://store.falls creek.org/>).

CHAPEL AND DECISION TIME

- During the chapel time, sponsors should sit among the kids and help them participate in the worship and fun. When the pastor directs us to Scripture, please assist kids with their Bibles and praise those who are using it so they will continue to develop greater Bible skills.
- When the pastor begins the invitation time of our service, he will ask sponsors to stand in the aisle or across the front of the stage. Please follow his instructions and move quickly. Using our sponsors to guide children will allow them to have an adult in their church who knows about them and will be available to them after camp. This gives the children a way to be anchored back into their home church. You will be one of their greatest influences in that conversation after chapel, whether it's the plan of salvation or just the opportunity to talk through a difficult situation at home and pray together.
- God's plan incorporates the church as the means of discipleship for these children, not the staffers. Chapel invitation time opens the door to many significant and life-changing discussions. Decisions can happen at any time, so be sure to always have brochures available. After any kind of decision, be sure to fill out one of the orange brochures. Fill out the tear-off portion and give it to Glenn or a camp staffer. We will mail these to your pastor so the church can effectively follow up with that camper.

IN CABIN QUIET TIME

In cabin quiet time is a time campers are encouraged to revisit bible study items on a personal level. This time can also be used to rest and recover. During this time all campers should be in their bunks and quiet. Camp is busy and campers need time to recover.

CHURCH DEVOTIONS

At the end of each day, you are more than welcome to lead a devotion time or just meet with your group before going to bed. This is optional and available, but there are no written devotions for use, and we ask that you be sure to reset and clear any area used.

RAINY DAY PLAN

If there happens to be rain during activities (and we hope that there is not), your group will report to the Chapel. There the leaders will have activities for you to do inside. Note, however, if there should be a day where rain is involved and an activity is missed, there will not be an opportunity to make the activity up. The program will continue on to the next day.

MEALS

Mealtime procedures include:

- Seconds on each meal will not be served until each person is served.
- Food is not allowed outside of the dining hall.
- If your group will not be attending the day four supper meal, notify the CrossTimbers office before 2:00 p.m. on day four.

Dietary Needs: If one of your children has special dietary needs, please notify us before arriving to camp. After arriving at camp, stop by our kitchen and speak to our cook about the special food conditions. Our kitchen staff can provide a special plate for you to receive at each mealtime. In extreme cases, it would be most safe for the parents to send the appropriate food to be stored in the kitchen refrigerator, and the sponsor can reheat the food in the kitchen microwaves. Our kitchen staff is not trained to prepare foods that support food allergies and cannot be responsible for making accurate decisions that would not endanger a child's health.

A sample menu can be found in the Forms & Printables section.

LOST AND FOUND

If you or a child has misplaced an item that you have brought to camp, there will be a lost-and-found bucket that will sit inside the dining hall. Any items that we see that are left and found at any missions or activity stops will be brought to the dining hall lost and found. On day four we will bring the lost and found box to the closing flag ceremony for those that have not claimed their lost items.

If you have a camper that has lost something and they do not realize it until camp is over, such as a Bible, we want to get those items to you, so please contact the CrossTimbers program office.

CAMP CHECKOUT

Upon leaving for home, each cabin will be checked out by a CrossTimbers representative. A checklist will be posted in each cabin that will give instructions as to what needs to be cleaned. Upon cleaning the cabin, there will need to be one sponsor present upon checkout for every church in the cabin.

Each church will be given a checkout time at registration. If you know that your departure time will differ from that of your checkout time, you can make arrangements then.



AFTER CAMP

The success of CrossTimbers is determined by the lives of students when they leave camp. Children are learning how to walk with God, so they will need encouragement, ideas, and accountability to help them continue to practice what they learned at camp. In camp preparation, remember to think through specific ways you can prepare your kids to go home after camp. These are a few ideas for your church to continue kingdom work at home.

BAPTISM

Have a date in mind for a baptismal service so that every child accepting Christ will know before camp is finished when they can be baptized. If possible, do the baptism counseling while you are still at camp. If a child cannot participate in the first baptism service, do not give up. Continue to work with each new Christian until they have been baptized. If baptism was important to Jesus, it should be important to us.

BIBLE STUDY PLAN

When students go home after camp, help them move beyond camp by connecting them to a daily Bible reading/ devotional plan provided by your church.

FOLLOW UP

Recruit and equip adults that are not going to camp to help with following up with children after camp. When a child makes a decision, contact an adult that's doing follow up back home and ask them to pray and prepare to visit that child and his parents when he is home again.

SHARE TIME

Plan ways for kids to share their camp experience when they get home. When kids get excited about camp, they need to know there is a plan to take the excitement home and share it with the church. What will your plan be for sharing?

SUNDAY SCHOOL

Before camp, give the names of all the children attending camp from a specific grade/class to the teacher of that Sunday School class or small group. Ask teachers to call the kids on Saturday night (after camp) to introduce themselves and to invite them to Sunday morning Bible study the next day.

OFF SEASON AT CROSSTIMBERS

Camp CrossTimbers is available year round for retreats, family reunions, conferences, and many other types of gatherings. For information on pricing and booking, contact Ryan Bauer, Campground Manager, at rbauer@bgco.org or 580-369-2101.



FORMS & PRINTABLES



CrossTimbers Background Check Statement of Compliance:



This form is turned in upon arrival at
CrossTimbers onsite registration.

The volunteering Adult Sponsors named below are known to the staff or recognized leadership of the participating church and the church knows of no reason why any should not serve as a sponsor for children and youth under the age of eighteen (18).

The participating church warrants that it has used _____ to perform nationwide criminal
(NAME OF COMPANY)

background checks that include a check of the National Registry of Sex Offenders on all Adult Sponsors. The participating church warrants it has run these checks within the last 18 months (from date of camp) and further verifies that it has brought no Adult Sponsor not listed on this form.

Names of all Adult Sponsors:

- | | |
|-----------|-----------|
| 1. _____ | 11. _____ |
| 2. _____ | 12. _____ |
| 3. _____ | 13. _____ |
| 4. _____ | 14. _____ |
| 5. _____ | 15. _____ |
| 6. _____ | 16. _____ |
| 7. _____ | 17. _____ |
| 8. _____ | 18. _____ |
| 9. _____ | 19. _____ |
| 10. _____ | 20. _____ |

Church Name: _____ Phone #: _____

Address: _____ City: _____ ST _____ ZIP _____

Pastor/Minister Signature Name Printed Date

CrossTimbers 2013 Camper/Sponsor Release and Waiver of Claims Form (1 of 2)

Please fully COMPLETE this form. It is two pages, front and back (or adjoining page)

Church Name: _____

Gender: _____ Age: _____ Grade Just Completed: _____ Shirt Size: _____ (Youth S-L, Adult S-XXXL)

Camper Name: _____ Date of Birth: _____

Address: _____ Phone: (_____) _____

City: _____ State: _____ Zip: _____

In Emergency Notify: _____ Relationship: _____

Home Phone: (_____) _____ Cell or Work Phone: (_____) _____

Secondary Emergency Contact: _____ Phone: (_____) _____

1. Does camper have any known allergies or is camper unable to take any medication? **Yes No** (Please circle one.) If yes, what? _____

2. Does camper presently take any medications regularly? **Yes No** (Please circle one.)

If yes, what medications? _____ For what reason? _____

3. Please List any other medical condition(s) that would be helpful to know: _____

4. Date of last tetanus immunization: _____

5. The above named individual has current medical insurance coverage through:

Insurance Company: _____ Name on Insurance Policy: _____

Insurance Company Phone Number: _____ Policy Number: _____

Mailing Address for Medical Claims (see back of insurance card): _____

City: _____ State: _____ Zip: _____

6. Does your insurance company require notification prior to emergency health care at a hospital?

If yes, Phone Number: (_____) _____

7. Will a parent or spouse of the Camper attend camp during the same period of time as the Camper? **Yes No** (Please circle one.)

If yes, name of parent/spouse: _____

Name: (Last)

(First)

Church:

Please continue to the back or adjoining page. All forms MUST be fully completed.

CrossTimbers 2013 Camper Release and Waiver of Claims Form (2 of 2)

I understand that it is the responsibility of my child's Host Church to obtain insurance permission for treatment or to limit my child's recreational activities because of a stated medical condition.

My child, _____ will be attending CrossTimbers during the summer session, 2013. CrossTimbers Children's Missions Adventure Camp is managed and operated by the Baptist General Convention of Oklahoma ("BGCO"). In the event that my child should need emergency medical care or attention, the Host Church leadership, the BGCO or any of their agents or employees is hereby authorized to consent to the provision of such emergency medical care, including without limitation, medical, dental, surgical care or hospitalization, to my child as is recommended or suggested by a physician, nurse, surgeon or other health care professional.

• If such emergency care is provided to my child, I understand that my health insurance information will be given to the health care professional and that any expenses not covered by my child's insurance shall be my responsibility. I understand that the Host Church or the BGCO will not be obligated to pay either the health care professional or me for any medical expenses incurred on behalf of my child.

There are instances when third party contractors are used to operate and supervise various events and activities. In those instances where third party contractors are used, I agree that neither the Host Church nor the BGCO is responsible for the action of these third party contractors. I further agree that neither the Host Church nor the BGCO is liable for the actions or activities of participants or sponsors participating in events or activities operated by third party contractors.

• I understand that the risk of injury from any recreational activity is significant, including, but not limited to, the potential for permanent paralysis and death. While particular rules, equipment, and personal discipline may reduce this risk, the risk of serious injury does exist. I knowingly and freely assume all risks, both known and unknown, even if arising from negligence, and assume full responsibility for my child's participation in or observation of such recreational activity.

• Furthermore, in consideration of my child being allowed to attend CrossTimbers, I, on behalf of myself and my child, hereby waive, and I hereby agree to indemnify and hold harmless the Host Church, the BGCO, their agents or employees, against any and all causes of action, rights, claims or suits which I or my child may have against the Host Church, the BGCO, or their agents or employees as a result of injury to my child, including, but not limited to: (1) injuries arising from my child's participation in or observation of recreational activities at CrossTimbers, and (2) injuries arising from the decision of the leadership of the Host Church, the BGCO, or any of their agents or employees to consent to the provision of emergency medical care to my child.

• I understand that my child's image may be included in a video or in photographs that may be made during camp. I understand that a promotional or highlight video may be available for sale during and after camp. I consent that my child's image may appear on videos, promotional resources, camp endorsed web sites, etc.

• I give authority and permission to the Host Church, the BGCO, and any of their staff or agents to inspect my child's belongings while at CrossTimbers.

• I understand that CrossTimbers is a place where many students seek counsel and advice from adult leaders, staff, counselors and others. I hereby consent to my child receiving spiritual and emotional counsel during their week of camp.

Signature: _____ Relationship to child: _____ Date: _____



CrossTimbers 2013 Sponsor Release and Waiver of Claims Form (2 of 2)

I, _____ will be attending CrossTimbers during the summer session, 2013. CrossTimbers Children's Mission Adventure Camp is managed and operated by the Baptist General Convention of Oklahoma ("BGCO"). In the event that I should need emergency medical care or attention, the Host Church leadership, the BGCO or any of their agents or employees is hereby authorized to consent to the provision of such emergency medical care, including without limitation, medical, dental, surgical care or hospitalization, to me as is recommended or suggested by a physician, nurse, surgeon or other health care professional.

• If such emergency care is provided, I understand that my health insurance information will be given to the health care professional and that any expenses not covered by my insurance shall be my responsibility. I understand that the Host Church or the BGCO will not be obligated to pay either the health care professional or me for any medical expenses incurred.

There are instances when third party contractors are used to operate and supervise various events and activities. In those instances where third party contractors are used, I agree that neither the Host Church nor the BGCO is responsible for the action of these third party contractors. I further agree that neither the Host Church nor the BGCO is liable for the actions or activities of participants or sponsors participating in events or activities operated by third party contractors.

• I understand that the risk of injury from any recreational activity is significant, including, but not limited to, the potential for permanent paralysis and death. While particular rules, equipment, and personal discipline may reduce this risk, the risk of serious injury does exist. I knowingly and freely assume all risks, both known and unknown, even if arising from negligence, and assume full responsibility for my participation in or observation of such recreational activity.

• Furthermore, in consideration of being allowed to attend CrossTimbers, I hereby waive, and I hereby agree to indemnify and hold harmless the Host Church, the BGCO, their agents or employees, against any and all causes of action, rights, claims or suits which I may have against the Host Church, the BGCO, or their agents or employees as a result of injury to me, including, but not limited to: (1) injuries arising from participation in or observation of recreational activities at CrossTimbers, and (2) injuries arising from the decision of the leadership of the Host Church, the BGCO, or any of their agents or employees to consent to the provision of emergency medical care to me.

• I understand that my image may be included in a video or in photographs that may be made during camp. I understand that a promotional or highlight video may be available for sale during and after camp. I consent that my image may appear on videos, promotional resources, camp endorsed web sites, etc.

• I give authority and permission to the Host Church, the BGCO, and any of their staff or agents to inspect my belongings while at CrossTimbers.

Signature: _____ Date: _____

Must be 18 years old or older to sign this form. Every adult attending CrossTimbers must complete this Release Form and turn it in on the first day of camp during registration.

**CROSSTIMBERS
GROUP PICTURE ORDER FORM**

List of names of those buying pictures, check sizes, put your money in an envelope, and have your envelope ready to submit at registration. Your church will receive one 8X10 picture of each photograph at no charge if an order is placed.

The CrossTimbers schedule is very tight and it is imperative that you have your group dressed appropriately, assembled and ready to be photographed at your assigned time. Thank you for your cooperation.

FILL OUT COMPLETELY

Name of Church _____
 Church Contact Person _____ Contact's Daytime Phone _____
 Church Street Address _____
 City _____ State _____ Zip _____ Church Phone _____

PRINT NAME OF PERSON ORDERING PICTURE	8X10 \$8.00 GROUP HOW MANY	5X7 \$5.00 GROUP HOW MANY	8X10 \$8.00 WACKO HOW MANY	5X7 \$5.00 WACKO HOW MANY	AMOUNT PAID
1 CHURCH	1		1		N/C
2					
3					
4					
5					
6					
7					
8					
9					
10					
11					
12					
13					
14					
15					
16					
17					
18					
19					
20					
21					
22					
23					
24					
25					

PARENT INFORMATION

Thank you for allowing your child to attend CrossTimbers Children's Mission Adventure Camp. We count it a privilege to host your church and lead your child through great Bible study, camp activities, hands-on missions experiences, and kid friendly worship. Here are a few items you might need to know while preparing for camp.

- Write your child's name in all clothing you are hoping to come back home.
- We operate camp on a cashless system. Nametags are used as concession cards. Extra nametags can be purchased through your church to be given out the first day of camp. Please give any extra spending money to your church representative to purchase additional cards. *****Please do not send cash with your child.*****
- Closed toe shoes are a must at CrossTimbers. All activities require them.
- Water shoes or closed toe shoes for the water are required for waterfront activities.

WHAT TO PACK

CLOTHING (FOR 4 DAYS!)

- shorts (remember modesty)
- swimsuit (one piece for girls)
- T- shirts
- underwear & socks
- pajamas
- tennis shoes
- water shoes
- sandals

PERSONAL ITEMS

- soap
- toothbrush & paste
- shampoo
- brush/ comb
- chap stick SPF-45
- sunscreen SPF-45
- insect repellent with Deet
- Bible
- Trash bag for dirty clothes

OPTIONAL

- book or journal
- camera
- flashlight or headlamp
- sunglasses
- rain gear
- baseball cap or hat

CABIN EQUIPMENT

- bedding
- pillow
- bath towels
- beach towel
- wash cloths

WHAT NOT TO PACK

- IPOD or MP3 players
- Any personal digital gaming systems
- Cell phones
- Fireworks
- Knives or guns

SAMPLE MENU

SALAD BAR

Limited choices with both Iceberg lettuce & spinach (Lunch & Supper)

BREAKFAST

LUNCH

SUPPER

DAY 1

No Breakfast

Cheese burgers
Chips
Baked Beans
Lettuce, Tomato, onion & cheese
Dessert and Drinks

Chicken Strips
Macaroni & cheese
Corn
Salad Bar
Dessert and Drinks

DAY 2

Biscuits and Gravy
Sausage
Eggs
Cold cereal
Milk & Juice

Pizza
Salad Bar
Dessert and Drinks

Chicken Fried Steak
Mashed potatoes
Green peas
Salad Bar
Dessert and Drinks

DAY 3

Pancakes and Waffles with bacon
Cold cereal
Milk & Juice

Corn dogs or Hot dogs
Tater tots or French Fries
Salad Bar
Dessert and Drinks

Spaghetti
Toast
Green beans
Salad Bar
Dessert and Drinks

DAY 4

Pancake Sausage Stick
Eggs
Cold cereal
Milk & Juice

Tacos (soft and crunchy)
Refried Beans
Chips & Salsa
Salad Bar
Dessert and Drinks

Sandwiches (turkey or ham)
Chips
Lettuce, Tomato, Onion, Pickle,
Cheese
Salad Bar
Dessert and Drinks

SCHEDULE

DAY 1

11:00	Gate opens
11:30 – 12:30	Lunch
12:30 – 1:30	Move into Cabins
1:30 – 3:00	Boys – Swim / Girls – Missions
3:00 – 3:30	Canteen
3:30 – 5:00	Girls – Swim / Boys – Missions

EVENING SCHEDULE (EACH NIGHT)

5:30	Flagpole
5:45	Supper
6:30	Tribal Chaos
7:15	Canteen/Store
8:00	Chapel
9:00	Tribal Time
9:30	Church/ Cabin Devotions
10:30	Lights Out

DAY 2

Group 1

8:00	Flag Pole
8:15 – 9:00	Breakfast
9:00 – 9:30	Bible Study
9:30 – 12:00	Activities
12:00 – 1:00	Lunch
1:00 – 1:30	Quiet Time
1:30 – 3:00	Boys – Swim / Girls – Missions
3:00 – 3:30	Canteen
3:30 – 5:00	Girls – Swim / Boys – Missions

Group 2

8:00	Flag Pole
8:15 – 9:00	Breakfast
9:00 – 9:30	Bible Study
9:30 – 11:00	Boys – Swim / Girls – Missions
11:00 – 12:30	Girls – Swim / Boys – Missions
12:30 – 1:30	Lunch
1:30 – 2:00	Quiet Time
2:00 – 5:00	Activities
2:30 – 4:00	Canteen (As Directed)

DAY 3

Group 1

8:00	Flag Pole
8:15 – 9:00	Breakfast
9:00 – 9:30	Bible Study
9:30 – 12:00	Activities
12:00 – 1:00	Lunch
1:00 – 1:30	Quiet Time
1:30 – 3:00	Boys – Swim / Girls – Missions
3:00 – 3:30	Canteen
3:30 – 5:00	Girls – Swim / Boys – Missions

Group 2

8:00	Flag Pole
8:15 – 9:00	Breakfast
9:00 – 9:30	Bible Study
9:30 – 11:00	Girls – Swim / Boys – Missions
11:00 – 12:30	Boys – Swim / Girls – Missions
12:30 – 1:30	Lunch
1:30 – 2:00	Quiet Time
2:00 – 5:00	Activities
2:30 – 4:00	Canteen (As Directed)

DAY 4

Group 1

8:00	Flag Pole
8:15 – 9:00	Breakfast
9:00 – 9:30	Bible Study
9:30 – 11:00	Boys – Swim / Girls – Missions
11:00 – 12:30	Girls – Swim / Boys – Missions
12:30 – 1:30	Lunch
1:30 – 2:00	Quiet Time
2:00 – 5:00	Activities
2:30 – 4:00	Canteen (As Directed)
5:30	Flagpole
5:45	Supper
6:45	(Leave)

Group 2

8:00	Flag Pole
8:15 – 9:00	Breakfast
9:00 – 9:30	Bible Study
9:30 – 12:00	Activities
12:00 – 1:00	Lunch
1:00 – 1:30	Quiet Time
1:30 – 3:00	Boys – Swim / Girls – Missions
3:00 – 3:30	Canteen
3:30 – 5:00	Girls – Swim / Boys – Missions
5:30	Flagpole
5:45	Supper
6:45	(Leave)

CrossTimbers 2013 Camper/Sponsor Release and Waiver of Claims Form (1 of 2)

Please fully COMPLETE this form. It is two pages, front and back (or adjoining page)

Name: (Last)

Church Name: _____

Gender: _____ Age: _____ Grade Just Completed: _____ Shirt Size: _____ (Youth S-L, Adult S-XXXL)

Camper Name: _____ Date of Birth: _____

Address: _____ Phone: (_____) _____

City: _____ State: _____ Zip: _____

In Emergency Notify: _____ Relationship: _____

Home Phone: (_____) _____ Cell or Work Phone: (_____) _____

Secondary Emergency Contact: _____ Phone: (_____) _____

1. Does camper have any known allergies or is camper unable to take any medication? **Yes No** (Please circle one.) If yes, what? _____

2. Does camper presently take any medications regularly? **Yes No** (Please circle one.)

If yes, what medications? _____ For what reason? _____

3. Please List any other medical condition(s) that would be helpful to know: _____

4. Date of last tetanus immunization: _____

5. The above named individual has current medical insurance coverage through:

Insurance Company: _____ Name on Insurance Policy: _____

Insurance Company Phone Number: _____ Policy Number: _____

Mailing Address for Medical Claims (see back of insurance card): _____

City: _____ State: _____ Zip: _____

6. Does your insurance company require notification prior to emergency health care at a hospital?

If yes, Phone Number: (_____) _____

7. Will a parent or spouse of the Camper attend camp during the same period of time as the Camper? **Yes No** (Please circle one.)

If yes, name of parent/spouse: _____

(First)

Church:

Please continue to the back or adjoining page. All forms MUST be fully completed.

CrossTimbers 2013 Camper Release and Waiver of Claims Form (2 of 2)

I understand that it is the responsibility of my child's Host Church to obtain insurance permission for treatment or to limit my child's recreational activities because of a stated medical condition.

My child, _____ will be attending CrossTimbers during the summer session, 2013. CrossTimbers Children's Missions Adventure Camp is managed and operated by the Baptist General Convention of Oklahoma ("BGCO"). In the event that my child should need emergency medical care or attention, the Host Church leadership, the BGCO or any of their agents or employees is hereby authorized to consent to the provision of such emergency medical care, including without limitation, medical, dental, surgical care or hospitalization, to my child as is recommended or suggested by a physician, nurse, surgeon or other health care professional.

• If such emergency care is provided to my child, I understand that my health insurance information will be given to the health care professional and that any expenses not covered by my child's insurance shall be my responsibility. I understand that the Host Church or the BGCO will not be obligated to pay either the health care professional or me for any medical expenses incurred on behalf of my child.

There are instances when third party contractors are used to operate and supervise various events and activities. In those instances where third party contractors are used, I agree that neither the Host Church nor the BGCO is responsible for the action of these third party contractors. I further agree that neither the Host Church nor the BGCO is liable for the actions or activities of participants or sponsors participating in events or activities operated by third party contractors.

• I understand that the risk of injury from any recreational activity is significant, including, but not limited to, the potential for permanent paralysis and death. While particular rules, equipment, and personal discipline may reduce this risk, the risk of serious injury does exist. I knowingly and freely assume all risks, both known and unknown, even if arising from negligence, and assume full responsibility for my child's participation in or observation of such recreational activity.

• Furthermore, in consideration of my child being allowed to attend CrossTimbers, I, on behalf of myself and my child, hereby waive, and I hereby agree to indemnify and hold harmless the Host Church, the BGCO, their agents or employees, against any and all causes of action, rights, claims or suits which I or my child may have against the Host Church, the BGCO, or their agents or employees as a result of injury to my child, including, but not limited to: (1) injuries arising from my child's participation in or observation of recreational activities at CrossTimbers, and (2) injuries arising from the decision of the leadership of the Host Church, the BGCO, or any of their agents or employees to consent to the provision of emergency medical care to my child.

• I understand that my child's image may be included in a video or in photographs that may be made during camp. I understand that a promotional or highlight video may be available for sale during and after camp. I consent that my child's image may appear on videos, promotional resources, camp endorsed web sites, etc.

• I give authority and permission to the Host Church, the BGCO, and any of their staff or agents to inspect my child's belongings while at CrossTimbers.

• I understand that CrossTimbers is a place where many students seek counsel and advice from adult leaders, staff, counselors and others. I hereby consent to my child receiving spiritual and emotional counsel during their week of camp.

Signature: _____ Relationship to child: _____ Date: _____



CrossTimbers 2013 Sponsor Release and Waiver of Claims Form (2 of 2)

I, _____ will be attending CrossTimbers during the summer session, 2013. CrossTimbers Children's Mission Adventure Camp is managed and operated by the Baptist General Convention of Oklahoma ("BGCO"). In the event that I should need emergency medical care or attention, the Host Church leadership, the BGCO or any of their agents or employees is hereby authorized to consent to the provision of such emergency medical care, including without limitation, medical, dental, surgical care or hospitalization, to me as is recommended or suggested by a physician, nurse, surgeon or other health care professional.

• If such emergency care is provided, I understand that my health insurance information will be given to the health care professional and that any expenses not covered by my insurance shall be my responsibility. I understand that the Host Church or the BGCO will not be obligated to pay either the health care professional or me for any medical expenses incurred.

There are instances when third party contractors are used to operate and supervise various events and activities. In those instances where third party contractors are used, I agree that neither the Host Church nor the BGCO is responsible for the action of these third party contractors. I further agree that neither the Host Church nor the BGCO is liable for the actions or activities of participants or sponsors participating in events or activities operated by third party contractors.

• I understand that the risk of injury from any recreational activity is significant, including, but not limited to, the potential for permanent paralysis and death. While particular rules, equipment, and personal discipline may reduce this risk, the risk of serious injury does exist. I knowingly and freely assume all risks, both known and unknown, even if arising from negligence, and assume full responsibility for my participation in or observation of such recreational activity.

• Furthermore, in consideration of being allowed to attend CrossTimbers, I hereby waive, and I hereby agree to indemnify and hold harmless the Host Church, the BGCO, their agents or employees, against any and all causes of action, rights, claims or suits which I may have against the Host Church, the BGCO, or their agents or employees as a result of injury to me, including, but not limited to: (1) injuries arising from participation in or observation of recreational activities at CrossTimbers, and (2) injuries arising from the decision of the leadership of the Host Church, the BGCO, or any of their agents or employees to consent to the provision of emergency medical care to me.

• I understand that my image may be included in a video or in photographs that may be made during camp. I understand that a promotional or highlight video may be available for sale during and after camp. I consent that my image may appear on videos, promotional resources, camp endorsed web sites, etc.

• I give authority and permission to the Host Church, the BGCO, and any of their staff or agents to inspect my belongings while at CrossTimbers.

Signature: _____ Date: _____

Must be 18 years old or older to sign this form. Every adult attending CrossTimbers must complete this Release Form and turn it in on the first day of camp during registration.

